

# Attachment-Focused Therapy

## Post-Graduate Certificate Program

### 5-Day Training Session In Your Community

Become an expert in treating a critically underserved population with this intensive certification developed by attachment, grief, and trauma expert, Deborah Gray.



### Days 1–3, INSTRUCTION

The first phase includes direct instruction in the areas of attachment, regulation, trauma, maltreatment, and grief as well as the brain development inherent in these factors. Theory, research, model programs, techniques for intervention, transference, and counter-transference will be explored. Therapy tapes will be shown and analyzed.

### Days 4–5, PRACTICUM

Emphasis on therapy skill development in which participants will incorporate attachment and trauma work into their practice models. Roleplays and case approaches will be discussed through practice with classic cases (ones representative of typical cases coming into a practice). Additional practice information will be supplied as it relates to classic cases.

\*Participants must have a Doctorate or Master's in psychology, social work, or the mental health field.



### Training Outcomes

1. Provide hands-on training by National Certification Program.
2. Obtain ATTACH Registered Clinician Membership, which includes:
  - Certificate of completion
  - Referrals to your practice
  - Listing on our website
  - Continuing Ed. Credits
  - Other ATTACH benefits

Training sessions conducted by experts in the field of trauma and attachment, and are a graduate of Deborah Gray's post-graduate training.

Contact us:

[info@attach.org](mailto:info@attach.org)

ATTACH provides training to parents and professionals to promote healthy attachment and heal trauma. We strive for a world where every child has secure attachment relationships.