

Attachment and Trauma-Focused Training for Professionals (ATFT-Pro)





Learn to improve the outcomes of youth coping with childhood trauma and neglect.

Early experiences within attachment systems form the threads that weave the fabric of every human being. A safe and secure attachment system builds resilience for a lifetime while attachment traumas and toxic stress can erode mental and physical health and well-being.

The Attachment and Trauma-Focused Training for Professionals (ATFT-Pro) is an online, 50-hour, certification course designed for any professional who works with children and youth that have experienced childhood trauma and neglect. The course includes 20 hours of live, online work plus 30 hours of preparatory reading of current curated literature and reviewing practical videos.

Deborah Gray, MPA, LICSW, an expert in attachment, grief, and trauma issues in children and author of Promoting Healthy Attachments: Hands-on Techniques to Use with Your Clients; Attaching Through Love, Hugs, and Play; Games and Activities for Attaching with Your Child; Attaching in Adoption; and Nurturing Adoptions: Creating Resilience After Trauma and Neglect, developed the course for ATTACh.

Prerequisite:	To enroll in the ATFT-Pro Certification Course, participants must have a Bachelor's degree in psychology, social work, or any other related field.
Time:	9:00 am – 4:00 pm (CST)
Online Dates:	(Fridays Only) April 9, 2021 April 16, 2021 April 23, 2021
Cost:	\$750 non-members / \$600 members (includes 50 Continuing Education Credits)
Registration:	https://tinyurl.com/ATFTPro

About the Attachment and Trauma-Focused Training for Professionals (ATFT-Pro) Certification Course

Phase One of the course includes 30 hours preparatory reading of current, curated literature and videos. **Phase Two** includes 20 hours of live, online instruction.

Online Instruction: The second phase includes online instruction in the areas of attachment, regulation, trauma, maltreatment, and grief, as well as brain development inherent in these factors. This phase also explores theory, research, model programs, and techniques for intervention.

Online Practicum: Theory and practice will be interwoven to provide a balanced and enjoyable day online.

Some case studies will be provided with the workbook and readings. Participants are also encouraged to prepare a case study.

There will be a 1-2 hour preparatory Zoom call, so we can get to know each other, to answer any questions and address any problems. This will be about 2 weeks before the course begins.

Course Instructor



Mary-Jo Land Registered Psychotherapist

Mary-Jo Land is a Registered Psychotherapist in private practice in southern Ontario. She specializes in facilitating attachment and resolving trauma in children and works in the adoption, child welfare, and war-affected communities. Mary-Jo writes and teaches extensively. Her free video series on attachment, trauma, and parenting can be found at maryjoland.ca/when-we-are-very-young. She is the author of Caring Together, a guide for parents, foster parents, and adoptive parents of children who are in care, available on Amazon.com.

ATFT Training Outcomes/Benefits

- Hands-On Training by a Nationally Recognized Certification Program
- Certificate of Completion
- Quarterly Post-Training Peer Review for Community of Practice
- One-Year ATTACh Professional Membership (Member Details: www.attach.org)
- 50 Continuing Education Credits
- Year-Round Member Events (no additional cost)

Register for the Training Today! https://tinyurl.com/ATFTPro

Should you have questions, contact ATTACh at <u>training@attach.org</u>. For upcoming online trainings, recorded workshops, and other educational resources, visit us online at <u>www.attach.org</u>.

ATTACh - Teaching the World to Heal.